

U14 Far West Division Championships at Palisades Tahoe  
(Olympic Valley) and (Alpine Meadows)  
March 30, 2023 Super G Training Run (Olympic Valley)  
March 31, 2022, Super G (Olympic Valley)  
April 1, 2023 Giant Slalom (Alpine Meadows)  
April 2, 2023 Slalom (Alpine Meadows)



#### ELIGIBILITY

All U14 participants must have a current Alpine Competitor Membership with U.S. Ski and Snowboard. Please [visit https://my.usskiandsnowboard.org/myussa](https://my.usskiandsnowboard.org/myussa) to verify or update memberships.

#### ENTRIES

\$40.00 Speed Training and \$55.00 Super G race. **You must take a speed training run to race in the Super G race.** \$48.00 per Giant Slalom and Slalom Race. All entries must be done online; for online registration please visit <https://my.usskiandsnowboard.org/myussa> **Registration December 1.** Any pulls to the entry deadline must go through the race organizer (**Palisades Tahoe**) [jabbott@palisadestahoe.com](mailto:jabbott@palisadestahoe.com) Pulls after the **Team Captains Meeting, Wednesday, March 29, 2023 at 5:00pm will not be refunded.**

#### ENTRY DEADLINE

**11:59pm Friday, March 24th, 2023 is the deadline for registration. A late fee of \$40.00 (Slalom & Giant Slalom) \$45.00 (speed events) will be applied to all late entries.**

#### LIABILITY RELEASE FORM

Release of Liability forms can be filled out online [www.ezwaiver.com/PT](http://www.ezwaiver.com/PT) **Select ACTIVITIES when filling out the online Liability form.** Only one release is required for the season for Palisades Tahoe (Olympic valley) and (Alpine Meadows) races. Signed Liability Release forms must be received no later than 48 hours after the online registration closes. There will be no opportunity to turn them in at the Team Captain's Zoom Meeting and an athlete without the form will be pulled from the event.

#### RACE COMMUNICATIONS

[Live – timing.com](http://Live-timing.com) will have the competitors list, program, start lists, DSQ and results. We are setting up a Team WhatsApp for all coaches, this link will be emailed to the registered coaches.

#### TEAM CAPTAIN'S MEETING

**Wednesday, March 29th, 2023 at 5:00 pm. This will be a Zoom meeting.** The Zoom link will be emailed out to the coaches that are registered.

<b>TICKETS</b>	Athlete, Parent and Coaches Lift Day Tickets can be picked up Thursday, March 30-Sunday, April 2, (each morning) at 7:30am outside up at the Competitions Services Building at Palisades Tahoe (Olympic Valley) located on hill above Base to Base Gondola or for (Alpine Meadows) front deck of the Race Shack. <b>All Lift Tickets are to be picked up by Coaches only.</b>
<b>SCHEDULE</b>	Thursday, March 30, 2023 Super G Training Run Ladies and Men's Friday, March 31st, 2023 Super G Ladies and Men's Saturday, April 1st, 2023 Giant Slalom Ladies and Men's Sunday, April 2nd, 2023 Slalom Ladies and Men's
<b>LIFT TICKETS</b>	\$59 Youth (13-18 yrs. of age)   \$74 Adults (19 yrs. of age and older)   \$34 Child (up to 12 yrs. of age). You will be allowed one parent ticket per day of the race. <b>All registered athletes will be emailed a link to purchase the Athlete Lift ticket and parents lift ticket per race day. This link will close on Friday, March 24, 2023. at 11:59pm. The discounted Lift Ticket can only be purchased online.</b>
<b>BIBS</b>	<b>Athletes can pick up their bibs from their Coaches each morning before the race. All bibs need to be returned end of day of each race. Any missing bibs will be charged a missing fee of \$50.00 to the Athlete.</b>
<b>VOLUNTEERS</b>	We are always in need of great Volunteers please contact <a href="mailto:kshahhovskoi@palisadestahoe.com">kshahhovskoi@palisadestahoe.com</a>
<b>LODGING</b>	Go to <a href="http://www.palisadestahoe.com">www.palisadestahoe.com</a> or call the Village at Palisades Tahoe at 1-800-403-0206
<b>AWARDS</b>	Awards will be given approximately 1 hour after final racer. Olympic Valley on the KT Deck and Alpine Meadows on the Alpine Lodge Deck.
<b>Questions</b>	If you have other questions, please email Jo Abbott at <a href="mailto:jabbott@palisadestahoe.com">jabbott@palisadestahoe.com</a>

**Helmets are required! Competitors are responsible for all equipment meeting U.S. Ski and Snowboard specifications. Fluorinated wax is not allowed at any US Ski and Snowboard competitions for any age group. Application of wax is not allowed at the U14 and under competition venue, which is defined as the ski resort property. Please, keep in mind that weather and/or snow conditions may cause a change in schedule. Only U.S. Ski and Snowboard officials working the race and registered athletes are allowed in the race venue.**