



## ***Speedy's Ski Camps 2018 – Expanding in 2018 with new Camps and Staff!***

Speedy's Ski Camps will be offering more camp options in 2018!

- U19-PG-College Prep camps for Men & Women since 2017
- Masters Camp for men & women (daughters and sons may be able to attend!)
- Junior Camps (U14 – U19) for male and female athletes since 1979.

Speedy's Ski Camps is pleased to welcome new Staff member, Thomas Erhard – former USST coach with 28 years international coaching experience ranging from the U16 junior level to World Cup Athletes.

### **Speedy's Ski Camps Mission:**

*"To develop ski racer's technical & tactical skill set, while conditioning the mind and body in preparation for their next training block, upcoming winter competition season, & beyond!"*

### **Speedy's Camp focus:**

- *Proven coach directed Free skiing and Gate drill progressions focused on building fundamental skills required to be successful as a ski Racer*
- *1 to 6 Coach to Athlete ratio on hill during all our camp sessions*
- *SL and GS Gate training (50/50 split) sessions with timing on PRIVATE Salted Lanes*
- *Daily Video analysis using Dartfish Software as seen on TV During the 2018 Olympic Winter Games, with your camp video posted on Dartfish TV for future viewing.*
- *Ski Racing Educational Talks, on conditioning, wt. training, nutrition, mental preparations*
- *Complete Ski Equipment evaluation and Tuning skills development program*
- *Daily Off Snow activities, hiking, rock climbing and coach directed conditioning programs*

## Speedy is Offering multiple Sessions this summer!

There are 3 different types of camps:

### College / PG Prep Camps – (U19 – U21/PG/College Age athletes)

**Included:** Transportation on site including Airport Pick up and drop off, Lodging, Lifts, Private Salted Training Lanes, 4 Days of SL / 4 Days of GS with day off in between, 1 on 1 Video analysis, Timing, Off Snow Activities and Dryland training. Insurance.

Airfare & meals not included. Athletes will cook their own meals to meet individual needs.

Sessions:

- June 2 - 11 Speedy's Women's PG - College Camp #1 - \$1795
- July 14 – 23 Speedy's N "Rocks" Women's PG - College Camp #2 - \$1795  
"Featuring 4 Time NCAA All American Mardi Haskell- Colby College Grad
- July 30 – August 8 Speedy's Men's PG – College Camp - \$1795
- ALL College camps have 1 female or male top USST or NCAA athlete at camp to set pace

### Masters Nationals Prep Camp (Masters competitors)

**Included:** Coaching during Camp and through Summer Nationals, Lifts, Private Salted Lanes, 1 on 1 Video Analysis, with 3 Days of GS / 3 Days SL training coaching at Masters races 7/14-7/15.

Airfare, Lodging, Meals are Not included. Daily program communicated electronically to Each Masters Athlete throughout the camp.

Masters Camp Session:

- July 7 – 13 - \$1200

### Junior Camps (U14 - U19 athletes may apply) (U12 athletes need coaches letter to apply)

**Included:** Transportation on site including Airport Pick up and drop off, Lodging, Meals, Lifts, Private Salted Training Lanes, 3 Days of SL/3 Days of GS, 1 on 1 Video analysis, Timing, Off Snow Activities and Dryland training. 24/7 camper Supervision. (Airfare not included)

Junior Sessions:

- July 7 – 13 - \$1695
- July 18 – 24 - \$1695
- June 21 – 27 - \$1695 \*HHRT ( Holy Hill Race Team Session )

Speedy's LAST CHANCE Junior Camp

- August 14 – 20 - \$ 1695
- ALL Junior CAMPS offered without food, lodging, airfare, for \$1200.00 per athlete.

### Important Speedy's Ski Camps Information:

- Flight arrival into Portland International is before 2:00 pm and departure is after 4:30 pm at Portland International on published first and last days of each session
- Flight arrival on first day of camp as posted, departure last day of each camp as posted
- Only our Junior camps are available without lodging and food for \$1200. per athlete.
- Single day training rates are available upon request for all camps
- 1 on 1 camp private camp sessions are available upon request
- Any juniors under 14 years old, parents are encouraged to attend with camper, camp rates without food/lodging available for all junior sessions upon request
- **Non-refundable \$500.00 camp deposits are as follow:**
- June 2 college women's camp #1 deposit due on May 1st 2018
- June 21st HHRT junior camp deposit due on May 15th 2018
- July 7 Masters camp deposit due on May 15th 2018
- July 17 Women's college camp #2 & July 18th junior camp deposit due on May 15th 2018
- July 30th Men's college camp deposit due on May 15th 2018
- August 14th Last chance junior camp deposit due on May 15th 3rd 2018
- Deposits can be made with C C online @ [www.speedyskicamps.com](http://www.speedyskicamps.com) or by check payment.
- Mail ALL check payments with forms to:
- Speedys Ski Camps 25449 E. Salmon River Rd Welches Or. 97067

For more info, contact Speedy - Camp Director 971-207-9502 or [speedysemail@gmail.com](mailto:speedysemail@gmail.com) OR Thomas Erhard - HEAD Coach 435-776-6531 or [tserhard@gmail.com](mailto:tserhard@gmail.com) ):



*Meet Speedy's Ski Camp Staff !!*

**Mark Archer aka "Speedy"**



**Program Director / Founder Speedys Ski Camps since 1979**

**USSA Level 300 USSA coaches Certified**

**Former Head Alpine Equipment Tech Women's U19/FIS coach Carrabassett Valley Ski Acasemy**

**Currently Alpine Program Director with HHRT at Holy Hill Ski Area in Hubertus Wisconsin.**

**Speedy brings more than 40 + years of national & international coaching experience, helping numerous juniors reach the USST/CDN national Team, NCAA Teams, going on to race, podium and medal at WC,Olympic/WChamps. Bringing this successful experience with him to contribute to continue Speedy's Ski Camps tradition of making champions one training day at a time since 1979.**

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**Thomas Erhard Head coach Speedys Ski Camps**

**Erhard Racing Team / founder / owner Former USST Women's & Men's Coach and Head Men's Ontario Ski Team**

**28 years of coaching experience with U16 through Europa Cup, World Cup and Olympic level athletes. USSA coaches Level 500 Certified**



**Mardi Haskell Featured Guest Coach**

**4 times NCAA ALL AMERICAN Colby College 2014-2017 Women's College Camp July 15-23  
MT Hood Oregon will be coaching & setting the pace for you during your camp stay with us !**

# Speedy's Camp Registration Form

Mail forms & check payments to: Speedys Training Camps 25449 E. SALMON RIVER RD WELCHES, OR. 97067 OR E-mail your forms to Speedysemail@gmail.com Camp Phone # 971-207-9502

\$500 Deposit Due 60 Days prior to First Day each scheduled camp session to hold your spot, sessions filling up fast

Final Payment due NO LATER than 30 Days prior to each scheduled camp session

REGISTRATION FORM (Fill out completely and return, by mail or e-mail)

MT. Hood summer camp session \_\_\_\_\_ Dates: \_\_\_\_\_

Athlete's Name: \_\_\_\_\_ Sex: M \_\_\_\_\_ F \_\_\_\_\_

DOB: \_\_\_\_\_ Athletes cell # \_\_\_\_\_ Email \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Ski Club: \_\_\_\_\_

Father's Name: \_\_\_\_\_ CELL #: \_\_\_\_\_

Mother's Name: \_\_\_\_\_ CELL #: \_\_\_\_\_

Father's Home #: \_\_\_\_\_ Mothers home #: \_\_\_\_\_

Emergency contact #: \_\_\_\_\_ Emergency contact: \_\_\_\_\_

E-Mail Addresses:

Athlete: \_\_\_\_\_ Emergency contact \_\_\_\_\_

Mother: \_\_\_\_\_ Father: \_\_\_\_\_

What do you want to improve most at summer camp? SL \_\_\_\_\_ GS \_\_\_\_\_ OTHER \_\_\_\_\_

Tell us a little about what you expect to change in your skiing while at Speedys Camp

USSA PTS: SL \_\_\_\_\_ GS \_\_\_\_\_

FIS PTS: SL \_\_\_\_\_ GS \_\_\_\_\_

Please check below which payment option, and camp information on which camp session you will attending:

Camp deposit: \_\_\_\_\_ 2nd final Camp payment: \_\_\_\_\_ Camp payment in full: \_\_\_\_\_

Payments being made by Check# \_\_\_\_\_ C C \_\_\_\_\_ CC with PayPal online \_\_\_\_\_

Camp Session: \_\_\_\_\_ Camp Dates: \_\_\_\_\_ Camp location \_\_\_\_\_

Camp Payment options:

1. Payment by check made payable to Mark Archer and mailed to Speedy's Camp Office at: 25449 E. Salmon River Rd., Welches OR 97076
2. Payment by Credit Card or PayPal through our online PayPal button in the sign – up section at [www.speedysskicamps.com](http://www.speedysskicamps.com)
3. CC payments are subject to 4% transaction fee processed and charged after initial camp transaction has been processed Flight Arrival info: Airline carrier \_\_\_\_\_ FLT. # \_\_\_\_\_ Arrival time \_\_\_\_\_

*Flight Departure info: Airline carrier: \_\_\_\_\_ FLT. # \_\_\_\_\_ Departure time \_\_\_\_\_*

*Flight Arrival info: Airline carrier \_\_\_\_\_ FLT. # \_\_\_\_\_ Arrival time \_\_\_\_\_*

*Departure info: Airline carrier: \_\_\_\_\_ FLT. # \_\_\_\_\_ Departure time \_\_\_\_\_*

*Medical Insurance Carrier: \_\_\_\_\_ Policy & Group # \_\_\_\_\_ Regular prescription  
meds on currently \_\_\_\_\_*

*Regular Prescription Drugs allergic to \_\_\_\_\_*

*Known allergies \_\_\_\_\_*

*Recent known injuries \_\_\_\_\_*

*I certify the above medical information is complete, true & up to date information*

*Date: \_\_\_\_\_ Athlete under 18 yes\_\_\_ no\_\_\_ Athlete over 18 yes\_\_\_ no\_\_\_*

*Signature of athlete: \_\_\_\_\_*

*Printed Name: \_\_\_\_\_*

*Signature of parent / guardian athlete under 18yrs: \_\_\_\_\_*

*Printed Name: \_\_\_\_\_ Date: \_\_\_\_\_*

*Once you have paid your \$500. camp deposit and been accepted to camp more liability forms, and release forms will be sent*